

# Developmental Movement Play

Why do some children wriggle all the time and others wrestle their friends at every opportunity? Why do some appear 'clumsy', or find it hard to hold a pencil? Why do some children not want to join in physical activities at all?

DMP re-thinks what babies and children 0-5 need to build confident, expressive, skilled and happy bodies.

How does Movement Play support development and learning?



## COURSE CONTENT

- How does physical development happen? A developmental movement approach covering *The Feeling of Me* (sensory) and *Me Moving* (the building blocks of movement)
- Infant experts: how children plan their own curriculum and we support them
- Setting up a Movement Play Area so that children can get more of what they need
- A 5-part framework to support observation, planning and assessment in a child-led, play based approach

## COURSE LENGTH

- Whole Team training - **1 day (9.00 - 3.00)**
- Champions Course - for practitioners who attend the course in ones and twos, then lead the approach back in their setting - **2 days (9.00 -3.00)**

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I see children's  
movement differently  
now ...

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## WHO ARE COURSES FOR?

Anyone working with children 0-5: nursery, playgroup and pre-school practitioners. Childminders. Teachers and Learning Support Staff. Family Support Workers. Special School early years staff. Health Visitors. Occupational therapists and Physios.



## Booking a course

- Get in touch by email and tell us what you are hoping for
- We'll devise a course so that it fits exactly what you want to achieve - within the 1 and 2 day structures
- We'll talk about cost. Things are so hard at the moment each case is likely to be different. We need income to survive. You will have horribly limited budgets. We'll find a solution together
- We'll agree dates and assign a tutor
- We'll send a Briefing Sheet/Contract that keeps all the information we both need in one place. Fill in your bits, sign it and send it back

## Let's talk about any particular focus you would like to include

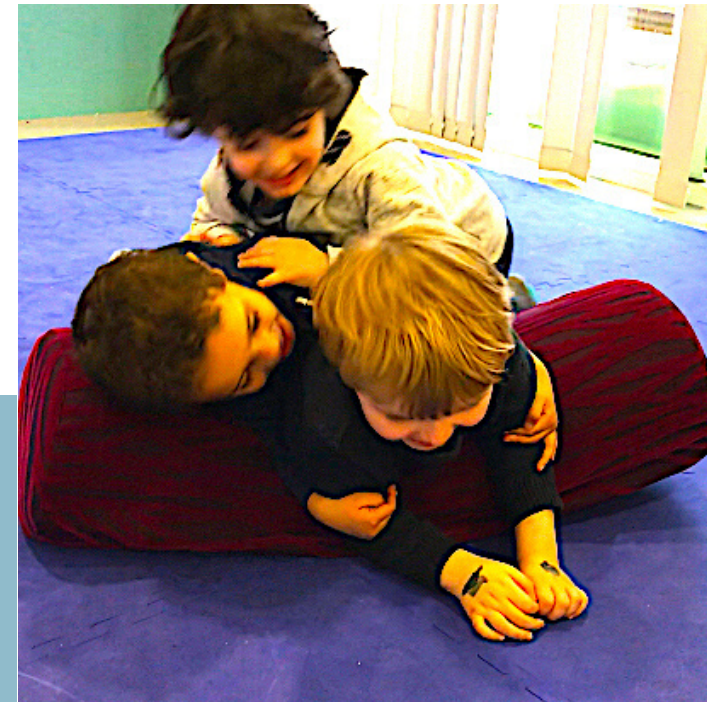
We are happy to teach the DMP approach as a general re-think of physical development practice.

But we can also include a specific focus that is particular to your curriculum aims, eg how physical development supports reading and writing, self-regulation, or early support for children with emerging special needs.

We can talk at the pre-booking stage and then we'll design the course to fit.

# JABADAO

national centre for movement play



## Contact Us

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## Courses for early years practitioners

